



**Canyonville  
Elementary Menu  
December 2024**

**Everyday Breakfast Choices**

Bagel w/ Cream Cheese, Oatmeal, Cold Cereal, Fruit, and 1% White Milk or Skim White Milk  
(Toast or string cheese is offered daily with cereal)  
**Students must choose 3 of 4 Breakfast Items**  
**1 MUST BE FRUIT, A Minimum of ½ cup**

**Everyday Lunch Choices  
Subs, Sandwiches & Wraps**

\*Mon: Ham & Cheese Sandwich \*Tues: *American Sub*  
\*Wed: Italian Sub \*Thurs: Turkey & Cheese Sandwich  
\*Fri: Egg Salad Sandwich  
**\*Everyday: PB&J Sandwich**

**Everyday Options**

Monday: Cheeseburger or Veggie Burger (v) on WG Bun  
Tuesday: Chicken Nuggets w/WW Roll  
Wednesday: Oven Baked Corn Dog  
Thursday: Oven Baked Chicken Burger  
Friday: Scratch Made Pepperoni or Cheese Pizza

Daily Offering Bar Features: fresh & canned fruits & vegetables daily 1% white or fat-free chocolate milk. All grains offered are whole grain.  
**Breakfast and lunch are available at No Charge to Students**  
**Lunch: Students must choose 3 of the 5 components & 1 Must be a ½ cup of Fruit or Vegetable**  
**(v)=Vegetarian**

2	3	4	5	6
Breakfast: Waffles Offered With: - Fruit Compote (v) Lunch: Marinara Meatball Sub	Breakfast: Strawberry Yogurt Cup Offered With: - Honey Graham Crackers (v) Lunch: Southwest Soft Taco	Breakfast: Cheesy Egg, Ham & Potato Breakfast Bowl Lunch: Crispy Sweet & Sour Chicken Rice Bowl	Breakfast: Breakfast Protein Power-Up Pack Lunch: Mozzarella Stuffed Breadsticks with Marinara Sauce(v)	Breakfast: Whole Grain Cinnamon Roll with Icing (v) Lunch: Sloppy Joe with Cheesy Mashed Potatoes(v)
9	10	11	12	13
Breakfast: Oatmeal Chocolate Chip Benefit Bar (v) Lunch: Bean Cheese Enchilada with Red sauce (v)	Breakfast: Buttery Maple Waffle Offered With: - Syrup (v) Lunch: EZ Pizza Bento Lunch Box	Breakfast: BYO Pancake Bar (v) Lunch: Rainbow Chili with Chips(v)	Breakfast: Breakfast Banana Split (v) Lunch: Cheesy lasagna Roll with WG Roll (v)	Breakfast: Cranberry Peach Muffin Square (v) Lunch: Glazed Chicken Drumstick w/ WG Roll
16	17	18	19	20
Breakfast: French Toast Sticks Offered With: -Syrup (v) Lunch: Korean BBQ Meatballs Over Steamed Brown Rice	Breakfast: Tony's Sausage Breakfast Pizza Lunch: Pulled Pork Sandwich with Curly Fries	Breakfast: Breakfast on a Stick Lunch: Creamy Chicken Alfredo over Penne	Breakfast: Sausage and Egg Breakfast Burrito Lunch: Cheese Quesadilla (v) w/ Shredded Lettuce and Tomatoes	Breakfast: Cinnamon & Sugar Donut (v) Lunch: Hot Dog with Crinkle Cut Fries
23	24	25	26	27
holiday break	holiday break	holiday break	holiday break	holiday break
30	31	January 2025 1	2	3
holiday break	holiday break	holiday break	holiday break	holiday break

This institution is an equal opportunity provider.



Menu subject to change



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